

# CATHEDRAL *Weekly*

31st Oct. 2021

PRICE: Kshs. 40/=

**A GUIDE TO THE  
DAILY READINGS**

MON. 1ST NOV. 2021

SAT. 6TH NOV. 2021

JUMAPILI YA 31 YA MWAKA



Alliance of two Hearts SCC members with the Liturgy Ministry officials during a recent interactive session at the main Hall. (Photos by F. Wambua)

## Reflection

### THE GREATEST COMMANDMENT

In our today's Gospel passage, Jesus is questioned by a scribe about the greatest commandment. Jesus replies by saying "You shall love the Lord your God with all your heart, with all your soul, with all your mind and with all your strength and your neighbor as yourself. There is no other commandment greater than these." (Mark 12:30-31)

Jesus interprets the Law of Moses, which consists of the Ten Commandments and many additional commandments, numbering up to around six hundred. For a devout Jew, adherence to the Mosaic Law is an expression of faithfulness to God's covenant with Israel. The ranking of these commandments was regularly debated among the teachers of the Law.

The solid foundation of our Christian religion is the love of God and neighbor, without which observing the commandments has no value. All other commandments, therefore, lead us to these two commandments of love. For example, prohibition of idolatry, refraining from insulting God's name, keeping the Sabbath

day holy is the principal ways of indicating how we should love God.

Love for a neighbor on the other hand can be expressed by giving support to those who need our help, advice, encouragement, or even consolation. It can not be theoretical but pragmatic; that means, it must be practical and not just wishful thinking.

We need to understand what it means to love our neighbors as ourselves.

To love oneself means we begin with self-acceptance and that we are not ashamed of ourselves or of our weaknesses. This is the key to loving oneself and to being loved by others. If we have nothing to hide, it means we are free to love God, to love our neighbor and to love ourselves.

Love is reciprocal; which means that when we have learned to love genuinely and unconditionally, we will be opening a room for others to love us in return. By loving others, we will be able to love God and by loving God whom we cannot see.

Contd.on PG 5

Mon. 1<sup>st</sup> Nov. 2021

**ALL SAINTS,  
solemnity**

Rv 7:2-4. 9-14

1 Jn 3:1-3

Lk Mt 5:1-12a

Tue. 2<sup>nd</sup> Nov. 2021

**The Commemoration  
of all the Faithful  
Departed**

Jb 19:1.23-27b

(or Rv 20:11-21:1)

Ps 23

Mt 5:1-12a

Wed. 3<sup>rd</sup> Nov. 2021

**Or St Martin de  
Porres (optional  
memorial)**

Rom 8:26-30

Ps 13

Lk 14:25-33

Thur. 4<sup>th</sup> Oct. 2021

**St. Charles Borromeo,  
bishop, memorial.**

Rom 13:8-10

Ps 112

Lk 15:1-10

Fri. 5<sup>th</sup> Oct. 2021

Rom 15:14-21

Ps 98

Lk 16:1-8

Sat. 6<sup>th</sup> Oct. 2021

**Sat. Mass of the  
B. V. Mary**

**All Saints of Africa**

Rom 16:3-9.16.22-27

Ps 145

Lk 16:9-15

### DUTY SCHEDULE FOR OCT. 2021

#### TODAY

07:00 AM ST. CHARLES LWANGA  
08:00 AM ST. RITA & ST. MICHAEL  
09:00 AM CWA  
11:00 AM ST. PAUL & ST. PETER  
12:30 PM YOUTH & YCA  
5:30PM ST. LUCY / BIKIRA MARIA

**CLEANING OF THE CHURCH - 30TH OCTOBER:**  
MARRIAGE ENCOUNTER / ST AUGUSTINE / ST. BRIDGIT

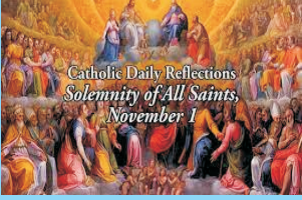
#### 7th NOVEMBER

07:00 AM ST. LUCY & BIKIRA MARIA  
08:00 AM HOLY SPIRIT  
09:00 AM C. M. A.  
11:00AM H. G. C. W. A.  
12:30 PM ST. AUGUSTIN & ST. BRIDGIT  
5:30 PM ST. ANTHONY & ST. MARY  
MAGDALENE

**CLEANING OF THE CHURCH - 6th NOVEMBER:**  
ST. CHARLES LWANGA & ST. MATHIAS MULUMBA


**UPCOMING  
FEAST DAYS &  
MEMORIALS**

**Mon. 1<sup>st</sup> Nov. 2021**  
ALL SAINTS, solemnity



**Tue. 2<sup>nd</sup> Nov. 2021**  
The Commemoration of  
all the Faithful Departed

**Wed. 3<sup>rd</sup> Nov. 2021**  
Or St Martin de Porres  
(optional memorial)

**Thur. 4<sup>th</sup> Oct. 2021**  
St. Charles Borromeo,  
bishop, memorial.

**Sat. 6<sup>th</sup> Oct. 2021**  
Sat. Mass of the B. V. Mary  
All Saints of Africa


**Previous Bible Trivia**

**Answer:**  
Augustus ordered for census  
during the birth of Jesus.

**Today's Bible Trivia**

**Question:**  
On the day Jesus resurrected,  
He met Cleopas & another  
disciple on the road to?

- A) Emmaus C) Jerusalem  
B) Damascus D) Jericho

Find out the Answer  
in our next issue.

**Kumbukumbu la Torati 6:2-6**

**M**usa aliwaambia wana wa Israeli, akisema, “Umwogope Bwana Mungu wako siku zote za maisha yako, ukishika maagizo yake yote na amri zake nilizokuagiza leo hivi, utakuwa na maisha marefu, wewe, mwanao na wana wa mwanao. Basi, ewe Israeli, ungeweza kusikiliza, kushika na kutenda yale, yatakayokuletea heri na kuongezeka,

jinsi Bwana Mungu wa baba zako, alivyokuahidia, akikuwekea nchi ijaayo maziwa na asali.

Sikiliza, ee Israeli! Bwana Mungu wetu, ndiye Bwana peke yake! Umpende Bwana Mungu wako, kwa moyo wako wote, na kwa roho yako yote na kwa nguvu zako zote. Maneno hayo ninayokuagiza leo yawe moyoni mwako.”

**ZABURI 18**

**K. Nakupenda, ee Bwana, uliye nguvu yangu.**

Nakupenda, ee Bwana, uliye nguvu yangu, Bwana, mwamba wangu, ngome yangu, mwokozi wangu. K.

Mungu wangu, mwamba wangu  
ninakokimbilia,  
ngao yangu, pembe ya wokovu wangu,  
ngome yangu!

Namwita Bwana, astahiliye kusifiwa!  
Nimeokolewa kutoka kwa adui zangu. K.

Bwana na aishi! Asifiwe aliye Mwamba wangu!

Kwa masifu atukuzwe Mungu, Mwokozi wangu!

Umempa mfalme wako ushindi mkubwa, umemtendea mpakwa wako kwa wema. K.

**Waebrania 7:23-28**

**N**dugu zangu: Makuhani [wa Agano la Kale] walikuwa wengi kwa sababu mauti iliwazuia wasikae siku zote kwenye madaraka. Lakini [Kristo], anayedumu milele, anao ukuhani usioisha. Kwa hiyo anaweza daima kuwaokoa wenye kumkaribia Mungu kwa ujumbe wake, maana anaishi milele kwa kuwaombea.

Ilikuwa bora kwetu, kuwa na kuhani mkuu wa namna. hii: mtakatifu, asiye na hatia, asiyetiwa najisi, aliyetengana na wakosefu, mkuu kuliko mbingu ndiye kuhani asiye na haja kama makuhani wengine kutolea sadaka kila siku, kwanza kwa ajili ya dhambi zao wenyewe na halafu kwa ajili ya dhambi za watu. Maana alifanya hayo mara moja tu alipojitoa sadaka. Kwani sheria iliwaweka watu dhaifu kuwa makuhani, lakini neno la kiapo lililofuata baadaye lilimweka mwana aliye mkamilifu daima.

**Aleluya!**

*Mtu akinipenda, atashika neno langu, asema Bwana, na Baba yangu atampenda, nasi tutakuja kwake. Aleluya.*

**Marko 12:28b-34**

Wakati ule: Mmojawapo wa Waandishi, alipofika alimwuliza [Yesu], “Amri ipi ni ya kwanza katika amri zote?” Yesu akamjibu, “Ya kwanza ndiyo hii: ‘Sikiliza, ee Israeli! Bwana Mungu wetu ni Bwana mmoja tu! Nawe mpende Bwana Mungu wako kwa moyo wako wote, na kwa roho yako yote, na kwa akili zako zote, na kwa nguvu zako zote.’

Na ya pili ndiyo hii: ‘Mpende mwenzako kama unavyojipenda mwenyewe.’ Hakuna amri nyingine iliyo kubwa kuliko hizi.”

Yule mwandishi akamwambia, “Vyema, mwalimu, uliyosema ni kweli. ‘Yeye ni mmoja, wala hakuna mwingine ila yeye.’ Na ‘kumpenda yeye kwa moyo wako wote, na kwa akili yako yote, na kwa nguvu zako zote, na kumpenda jirani kama unavyojipenda mwenyewe’ ni muhimu kuliko sadaka za kuteketeza na dhabihu zote pia.”

Yesu alipoona jinsi alivyojibu kwa hekima, alimwambia, “Wewe haupo mbali na ufalme wa Mungu.”

Toka hapo hakuthubutu tena mtu kumhoji.

PICTURE GUIDE

From our SCC

Liturgy Ministry this week visited three Main Jumuiya's in our Parish .



*Holy Spirit Jumuiya which meets every Monday at 6:00pm and their members are drawn mainly from Cathedral, Fort Jesus, Padya, Mbaraki Police, Mikindani Rd , Kpa flats Opp. Pandya Hospital*

*if interested in Joining kindly contact their Chairperson Mr. Cyrus Gachagua*



*Alliance of two Hearts Jumuiya Chair Mr. Francis Musili welcoming Liturgy Ministry officials on Tuesday 26th October 2021.*

*They normally meet at the main Hall every Tuesday and were taken through what Liturgy is all about by Mrs. Iris Ondego who is Vice-Chair in the Ministry. We had a very healthy interactive session where Jumuiya members gave their suggestions which will be handed over to the PPC. You can reach out to Mr. Francis Musili 0721872852 members are drawn mainly from Tononoka and mvita areas.*



*St. Benedict Jumuiya meets every Wednesday after 5:30pm Mass at main Hall.*

*You can reach out the Chairperson Mr. James Matole Tuva 0723 892813.*

*Membership is from people across the bridge, Mikindani, Bamburi, Mshomoroni etc*





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### Deuteronomy 6:2-6

Moses spoke to the people, saying, "Fear the LORD your God, you and your son and your son's son, by keeping all his statutes and his commandments, which I command you, all the days of your life; that your days may be prolonged. Hear therefore, O Israel, and be careful to do them; that it may go well with you, and that you may multiply greatly,

as the LORD, the God of your fathers, has promised you, in a land flowing with milk and honey. "Hear, O Israel: The LORD our God is one LORD; and you shall love the LORD your God with all your heart, and with all your soul, and with all your might. And these words which I command you this day shall be upon your heart."

### Psalm 18

**R. I love you, Lord, my strength.**

I love you, LORD, my strength;  
LORD, my rock, my fortress, my saviour. R.

My God, my rock where I take refuge;  
my shield, my saving strength, my stronghold.  
cry out, "Praised be the LORD!"  
and see, I am saved from my foes. R.

The LORD lives, and blest be my Rock!  
May the God of my salvation be exalted.  
The LORD gives great victories to his king,  
and shows merciful love for his anointed. R.

### Hebrews 7:23-28

Brethren: The priests [of the former covenant] were many in number, because they were prevented by death from continuing in office; but Christ holds his priesthood permanently, because he continues for ever. Consequently he is able for all time to save those who draw near to God through him, since he always lives to make intercession for them. For it was fitting that we should have such a high priest, holy, blameless, unstained, separated from sinners, exalted above the heavens. He has no need, like those high priests, to offer sacrifices daily, first for his own sins and then for those of the people; he did this once for all when he offered up himself. Indeed, the law appoints men in their weakness as high priests, but the word of the oath, which came later than the law, appoints a Son who has been made perfect for ever.

### Alleluia

*If a man loves me, he will keep my word, says the Lord; and my Father will love him, and we will come to him. Alleluia.*

### Mark 12:28b-34

At that time: One of the scribes came up to Jesus and asked him, "Which commandment is the first of all?" Jesus answered, "The first is, 'Hear, O Israel: The Lord our God, the Lord is one; and you shall love the Lord your God with all your heart, and with all your soul, and with all your mind, and with all your strength.' The second is this, 'You shall love your neighbour as yourself.' There is no other commandment greater than these."

And the scribe said to him, "You are right, Teacher; you have truly said that he is one, and there is no other but he; and to love him with all the heart, and with all the understanding, and with all the strength, and to love one's neighbour as oneself, is much more than all whole burnt offerings and sacrifices." And when Jesus saw that he answered wisely, he said to him, "You are not far from the kingdom of God." And after that no one dared to ask him any question.

## *Reflection*

### REFLECTION

◀ CONTD. ▶  
from pg 1

Let's overcome our human inclinations which drive us to tribalism, racism, supporting only our friends and those who can pay us back. Let us do this by accepting today's call to love all without discrimination or without boundaries. This is because we all belong to one family of God, who is a Father to us all.

If we observe these two commandments, we are sure that we are serving God and showing our gratitude to him for all his goodness to us.

This is by far beyond the Jewish Temple worship and sacrifice, as acknowledged by the Scribe in our today's Gospel passage.

We pray that God's grace leads us to observe these two commandments from our hearts.

Fr. Raphael Kanga,  
Director, Lwanga Communications Commission  
Catholic Archdiocese of Mombasa



from our gallery...

# Images of the week

(photos by F. Wambua)



St. Benedict Jumua secretary reading / marking out attendance register. Members were taken through Liturgical matters.



St. Benedict Jumuiya meets every Wednesday after 5:30pm Mass at main Hall. Membership is from people across the bridge, Mikindani, Bamburi, Mshomoroni etc

## ANNOUNCEMENTS

### 1. MONTH OF NOVEMBER

November is a month of prayer for the souls of all the deceased. We ask you to take the envelope at the door to fill in the names of the deceased in our families.

### 2. BLESSING CEMETERIES

2nd November is the day of blessing the cemetery at Mbaraki starting from 4:00pm and thereafter, Mass at 5:00pm

### 3. SUNDAY OF TITHES

Next Sunday being the first Sunday of the month will be Tithe Sunday. Please pick up the envelopes at the door. There will be special prayers for tithing. For those who give their tithes in the office you are encouraged to continue.

### 4. VOTER REGISTRATION

CJPC has scheduled a voter registration exercise to be held on 31st October 2021 from 8:00am to 12:00pm. All believers are expected to carry IDs for the exercise. *You are all welcome*

### 5. MORNING MASS

Effective November 2021 Christians are reminded we will start giving offerings during the weekly 6:15am morning Mass.



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Catholic Archdiocese of Mombasa

## HOLY GHOST CATHEDRAL MOMBASA

### MASSES SCHEDULE

#### SUNDAYS

7:00AM	Swahili	9:00AM	Swahili	12:00PM	Swahili
8:00AM	English	11:00AM	Swahili	5:30PM	Swahili
9:00am Children mass (English) at the Hall every Sunday					

#### (Weekdays)

MON	6:15AM	English	1:00PM	Swahili	5:30PM	English
TUE	6:15AM	English	1:00PM	English	5:30PM	Swahili
WED	6:15AM	English	1:00PM	Swahili	5:30PM	English
THUR	6:15AM	English	1:00PM	English	5:30PM	Swahili
FRI	6:15AM	English	1:00PM	Swahili	5:30PM	English

#### SATURDAYS

7:00AM / English 5:30PM / English

N/B: On all State holidays Mass is 9:00am unless indicated